

## HWHL ANNUAL REPORT 2025

### OVERVIEW

This year, 2025, opened the 15<sup>th</sup> year of ministry since the founding of The Foundation for Restoring Women’s Healthcare to Liberia, Inc. (DBA Healthy Women, Healthy Liberia or HWHL). It has been a tremendous year of learning, growing, and continuing to focus our attention on our Mission Statement - The **Mission** of *Healthy Women, Healthy Liberia* is to promote the health of the people and educate patients through comprehensive, sustainable, community-based Primary Health-Care.

We have been blessed to have you, our faithful supporters, share in our **Vision** of transforming communities using community-based health care models for all medical needs. We continue this **Vision** with education and services. Our emphasis is on women and children. However, our patient base is not limited to women – all those in need of medical attention are invited to come to Waterfield Medical Center located in Kakata, Liberia.



This year we have seen tremendous growth both in the number of patients being served, and in our ability to minister to the needs of our patients. Due to your generosity, we have new equipment, advanced training for our staff, transportation has been enhanced, as well as our staff has been strengthened by knowing others really CARE for them and their

sacrifices to help Liberia become a stronger nation. We will take a look at 2025 highlights and at our plans for 2026

**To God be the Glory!**

## *The Medical Director's Report, Dr. Christina Hena*

Dear Friends and Family – Philippians 4:6-7

**Happy New Year to all of you.** I'm blown away by your kindness and generosity. Your selflessness and commitment to helping strangers is truly inspiring. Thank you for sharing your resources and making a difference.



I wanted to update you on some highlights at Waterfield:

- † We had our 2nd four day **Surgical Outreach** which brought hope to 51 patients from near and far.
- † In Dec, we **Provided Food** for nearly 1,000 kids from different communities through our Christmas party.
- † We're gearing up for another **Surgical Outreach** in April 2026! We're expecting around 75 patients with various surgical needs in a four day period.
- † We are still serving our **Prenatal Vitamins** around Kakata and our villages.
- † **Deworming** of children in all schools in Kakata and the villages continues.
- † We continue to provide **Vitamins A** 100,000 IU and 200,000 IU to our kids every six months. We just completed our first distribution for 2026!
- † We are scheduled to have a **Diabetic Outreach** in March. A group from the US is already in Monrovia and will be spending a day at our facility, screening our patients for diabetes and high blood pressure. We are looking forward to serving alongside them. This is their third visit at Waterfield Medical Center. What a blessing!

Activities at the clinic are ongoing...more patients are coming. Needless to say, we are very grateful and thankful for all God is doing for us and the people that we serve. He has been very faithful and generous to us.

And in July, we'll celebrate **Liberian Independence** by serving over a thousand kids from various communities. We are looking forward to that.

Thanks again for your faithful support!

In Him, Dr. Hena

## 2025 Highlights

### First Quarter 2025 (Nov 2024 – Jan 2025)

† We held back-to-back children's events to celebrate both Christmas



and New Year's. Both events totaled 1,720 children! These children were fed, given gifts of books, clothing and shoes; as well as given the hope of Jesus! The children came from the Waterfield Medical Center neighborhood as well as Dr. Hena's home neighborhood. It does take

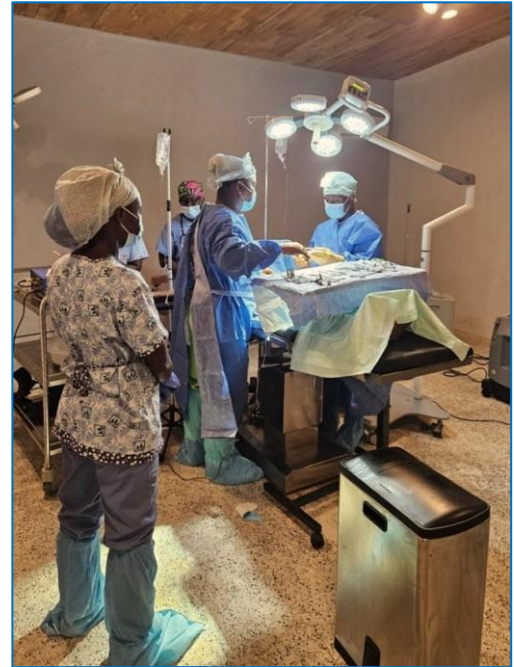
an army to handle this number of children, so to all the staff and volunteers – THANK YOU!

† We welcome training at Waterfield for our staff. Vitamin Angels came to provide training for our Community Health Workers (CHWs). We also had surgical equipment donated and shipped to Liberia. Our Surgical Theaters are nearing completion. Several items have been purchased, and are on their way! We will be able to provide surgical needs later in 2025.

† The beginning of 2025 brought new individuals into leadership for HWHL. We welcomed Kerry Davidson as our newest Board Member. She served as a missionary in Liberia with TMS-Global. Linda Baker is our new Board President, and we welcomed Bob Parker as our new Treasurer. Our Team with Dr. Chris Hena, our founder and Medical Director, continues with God's charge for better health for all persons in Liberia.

## Second Quarter 2025 (Feb, Mar, Apr)

† Our Surgical theaters are now open! We have had a slight change in direction, but have been Blessed with a special Blessing! Dr. Peter Coleman, head surgeon of JFK Medical Center in Monrovia, Liberia, has graciously agreed to come to Waterfield Clinic with a surgical team. To this end, the staff at Waterfield screened potential patients. Dr. Coleman brought a team of 7. These heroes performed surgery on 52 individuals. The team worked countless hours for 4 days, which included traveling from Monrovia to Kakata.



† As you can imagine, the loving staff at Waterfield has many heartwarming stories to share. Dr. Hena continued a story about a little girl who was accidentally burned by acid while her mother was making soap. She is recovering, and is truly loved by the Waterfield staff. Madam Sirleaf, former President of Liberia, learned of her plight and has committed to being responsible for her education at Hayes Mission School. The child has declared that she wants to be a doctor, following in Dr. Hena's footsteps!

† Additional blessings for the second quarter include: two new midwives for Waterfield have been hired. Our CHWs were visited by an outreach team from North Carolina. The CHWs were given instructions on testing for diabetes and checking blood pressure. Dr. Hena's cousin, Thomas Tapeh, a former Philadelphia Eagles football player, donated two 16-passenger vans to HWHL. God has been GOOD!

### Third Quarter 2025 (May, June, July)

† Our Eye Technician, Germenie Togbah, has returned to Waterfield Clinic after receiving specialized training in India. The Eye Clinic is now open six days a week! We are grateful to the [Upper Lehigh Lions Club](#) for their donation of 350 pairs of glasses. Margibi County's healthcare is expanding – thanks to their generous donation!



† Independence Day in Liberia is July 26<sup>th</sup>, and what a celebration! This year, 745 children were at Dr. Hena's home for food, clothing, and shoes. Crowd control is by painting a fingernail on those who have been served. BUT one little boy was entering as one of the volunteers said, "I've seen you before, I recognize your face". The little boy said, "I haven't been served yet, but someone has stolen my face!" He was allowed to enter – first time? Only God knows!

† Dr. Coleman was at Waterfield with another Surgical Outreach. This time 51 cases were seen in 3 days! He brought 3 assistants from Monrovia, and 3 assistants came from Kakata. Madam Sirleaf, Thomas Tapeh, and a Senator contributed food and gifts for the team. The biggest gift was that electricity from the Liberia Electric Company stayed on for all three days!

### Third Quarter 2025 (Continued)

† One of the issues Dr. Hena would like to avoid is having the people of Kakata receive “free” medical attention which can lead to a sense of entitlement. Currently, all patients pay a nominal registration fee. For the surgical patients who require post-op attention, these fees are paid by the patient. In order to advise patients of the costs, Dr. Hena is preparing a package cost for given surgeries. For those unable to pay, humanitarian assistance will be available. We have established a “Medical Director’s Discretionary Fund” for this purpose.

### Fourth Quarter 2025 (Aug, Sept, Oct)



† Liberia experienced heavy rains during the end of 2025. For those unfamiliar with the “roads” in Liberia, heavy rains prevent the CHWs from getting into the areas where most of the 100+ villages are located. Here is a photo of a typical village. You can’t see the road, but the entire area is dirt, which turns to mud making it difficult for travel.

- † The CHW team did reach out to some villages with fluoride treatments. On the way back to the Clinic, the team stopped by an orphanage and found the children hadn’t eaten for three (3!) days! The children sang and danced to entertain their guests. Waterfield and Project 44 (a newly established mission project not far from Dr. Hena’s home) returned with 48 bags of rice! The orphanage has been in service for 32 years and now has 75 children.
- † Additional highlights – Analysis machine received that will do TSH, PSA, A1C, T3 and T4 testing. Shipment of 270 bottles of prenatal vitamins was received.

## ***Financial Report***

**Note from Dr. Hena:** On behalf of Waterfield Medical Center, I would like to extend our special thanks and appreciation to all of you for your generous support for all that you do for the Liberian people. This includes your generous gifts to feed the kids, support the staff, purchase the medical supplies, provide for college fees, purchase worm tablets, vitamins, etc. None of what we do here would have been done without you. With a grateful heart and thanksgiving unto the Lord; I say thanks again for everything.

Income for HWHL operations comes from three sources:

- † Churches (21.5%)
- † Individuals (37.2%)
- † Generated by Waterfield Medical Clinic (41.2%).

Our total income for 2025 was \$189,500 – which represents an increase over 2024 of 7.1%. Our goal is for Waterfield Medical Clinic to move toward a degree of self-sufficiency with nominal fees charged for services to those who are unable to pay. In order to have funds available for those unable to pay, we have established a “Medical Director’s Discretionary Fund”. Contributions can be made directly into this Fund. The HWHL Financial Statement for 2025 is available upon request.

## ***Statistical Highlights***

### ***Clinic Highlights:***

- † Babies born at Maternity Center: 48
- † Surgical Outreach: 112
- † Vision/Dental Center patients: 643/vision, 20/dental
- † Waterfield Medical Clinic patients: 7,300

### ***Community Health Workers:***

- † Clients receiving Albendazole worm tablets: 34,253
- † Clients receiving vitamins A/prenatal vitamins: 1,605/vitamin A, 206/prenatal
- † Total patients: 51,692
- † Villages and towns visited: 97

## Ministry Partners

We gratefully acknowledge our HWHL Ministry Partners who have supported this Ministry in 2025.

[Hands of Hope Foundation](#) under the leadership of Rev. Dr. Troy D. Benitone has led many surgical teams to Liberia to work with HWHL and has been instrumental in providing medical equipment for the new Maternity/Surgical Addition.

[Mobility Worldwide](#) began supplying three-wheel hand-cranked mobility carts to HWHL in 2023. These allow people in developing nations with mobility issues to go where ordinary wheelchairs won't go.



[Through These Hands](#) is a nonprofit organization that acquires and distributes medical and non-medical supplies to developing countries through other nonprofit organizations. They provided equipment and supplies shipped in 2023.

[Vitamin Angels](#) prenatal and children's vitamins are distributed to 37 communities.

[The Worm Project](#) is a global initiative that strives to relieve the suffering of millions of children. HWHL's CHWs distributed worm tables to 34,000+ children in 2025.

We want to lift up all our **Partner Churches!** These special souls have donated at least \$2,000, per church, in 2025!

- † [Asbury United Methodist Church](#), Allentown, PA
- † Canadian Methodist Church, Canadian, TX
- † [Christ Methodist Church](#), Memphis, TN
- † [Eatonton First Methodist Church & Methodist Women](#), Eatonton, GA
- † [First Methodist Church of Azle](#), Azle, TX
- † [First United Methodist Church of Richardson](#), Richardson, TX
- † [First United Methodist Church of Stillwater](#), Stillwater, OK
- † [St. Andrew's United Methodist Church](#), Milton, PA
- † Union Chapel Methodist Church, Eatonton, GA



### Board of Directors 2025

At the end of 2025, our Secretary, Dick McCreight, rotated off the Board of Directors. His many years of service on the Board of Directors of HWHL have been tremendous, and he will be missed!

2025	2026
Linda Baker, President	Linda Baker, President
Trinida Kollie-Jones, Vice President	Trinidad Kollie-Jones, Vice President
Bob Parker, Treasurer	Bob Parker, Treasurer
Dick McCreight, Secretary	Petherree Nissley, Secretary
Dr. Judith McDonald, Medical Liaison	Rev. Dr. Richard Stryker, Assistant Secretary, The Worm Project
Petherree Nissley, Social Media	Dr. Judith McDonald, Medical Liaison
Rev. Dr. Richard Stryker, The Worm Project	Kerry Davidson, Member at Large
Kerry Davidson, Member at Large	Munah Tarpeh, Member at Large
Munah Tarpeh, Member at Large	Carmel Turek, Member at Large
Carmel Turek, Member at Large	<i>Open Position</i>
<i>Open Position</i>	<i>Open Position</i>
<i>Open Position</i>	<i>Open Position</i>



## ***President's Forecast for 2026***



Here is Dr. Hena with Board President, Linda Baker. What are they doing? Getting acclimated to being hot and sweaty! This is our way of getting ready for God's work in 2026!

HWHL began 2026 with a Staff New Year's Day Party! We had 40 people celebrating including staff, families, and special guests. We had traditional Liberian food, music and lots of dancing! Our special guests were from Texas and

enjoyed the activities just as much as the Liberians – especially the dancing. Recognition and gifts were given to staff for their dedication and service.

We also began the year by scheduling our distribution of vitamins, supplements and deworming pills. Our program targets the vulnerable populations in remote villages such as children less than 5 years of age, pregnant and nursing mothers. The impact has helped to reduce diseases, improve maternal and child health outcomes. It also complements clinical service and builds trust and relationships with remote communities and the Waterfield staff.

Our Surgical Outreaches will continue with the assistance Dr. Coleman and his team from JFK Hospital in Monrovia. Plans are underway for our upcoming Surgical Outreaches to include thyroidectomies. These talented professionals provide their services to the people of Margibi County without a cost to HWHL. These partnerships are crucial for providing specialized care beyond the clinic's regular capacity.



Dr. Hena shared a moving example of the program's impact: an elderly woman had been living with a large, painful lipoma for years because she could not afford medical care. The Surgical Outreach Program removed the growth, dramatically improving her quality of life and mobility. This is

## ***President's Forecast for 2026 (Continued)***

an example of how this program serves the most vulnerable community members.

Dr. Hena is also conducting local market research to assess the service fees of other medical providers in the area. Healthy Women, Healthy Liberia is striving to remain competitive with other facilities; while keeping a balance between affordability for patients and financial sustainability.



This year, we will be evaluating water filtration systems. We are also investigating solar lighting systems for use in the villages we serve.

You, our mission partners, are a vital part of Healthy Women, Healthy



Liberia. You not only provide financial support, but also continued moral support as together we strive to answer God's Call in the Great Commission as we read in Matthew 28:19 – *“Therefore go and make disciples of all nations, baptizing them in the name of the Father and*



*the Son and of the Holy Spirit.”* Let's continue to keep our hands and feet dirty as we work together on God's Commission in Liberia.