



# **2024 Annual Report**

# HWHL ANNUAL REPORT 2024



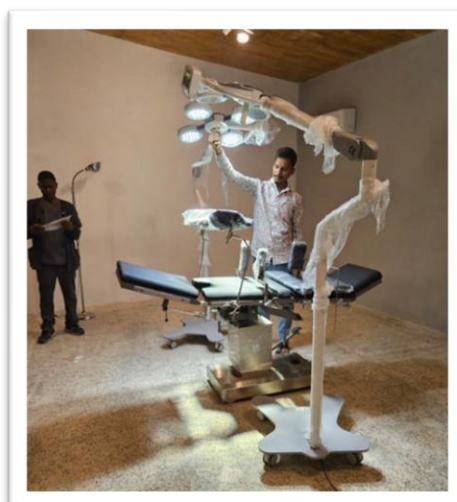
## Overview

It has been another amazing year of ministry at the Waterfield Medical Center as we work together as the Body of Christ guided by the Great Commission to share the Good News and the Great Commandment in loving our Margibi County neighbors. Every day we give thanks to you, our mission partners, who continue to support us through your caring, prayers and financial support.

We are entering our 14th year since the founding of The Foundation for Restoring Women's Healthcare to Liberia as a 501(c)(3) nonprofit. We do business as Healthy Women, Healthy Liberia (HWHL) so that name may be more familiar to you. Our clinic, the Waterfield Medical Center, continues to expand in services offered.

In 2024 we began round-the-clock staffing so that for the first time we were able to offer in-patient care. Our Maternity Center continues to thrive with 30 babies delivered last year. The Surgical Center is moving closer to completion with the funding of surgical equipment from the [Guardians of Hope](#) and we continue to work to identify an on-site surgeon for Waterfield. Healthcare services are not limited to the Waterfield Medical Center campus as our team of 12 Community Health Workers now reach 117 communities surrounding Kakata with health and hygiene education, vitamin and worm medication distribution, blood pressure checks, referrals and more.

From the beginning our vision remained constant: To transform communities using community-based healthcare models for medical, vision and dental care through education and services primarily focused on women and children. In 2025 we look forward to moving beyond these foundational goals with expanded maternity and surgical services improving the quality of lives in Liberia. Celebrate with us as we review last year's milestones and our plans for the future.



*New surgical equipment in place at Waterfield*

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## 2024 Highlights

### First Quarter

- Our Community Healthy Workers reached out to the residents of 117 towns and villages around the Waterfield Medical Center. Their work is varied starting with providing ongoing education to villagers covering basic hygiene and healthcare. Many lives are saved through the CHW's distribution of Albendazole tablets from [The Worm Project](#) to combat soil-transmitted parasites (parasitic worms). They also completed blood pressure checks and provided education and prenatal vitamins from [Vitamin Angels](#) to pregnant women in the villages.



*CHWs at work in one of the villages they visit*

- At Healthy Women, Healthy Liberia we work to provide continuing education for our staff members. We currently have two staff members, Mary and Kerbeh enrolled in Cuttington University Junior College in Kakata. In the 1<sup>st</sup> Quarter we established a scholarship fund to assist additional members of our staff selected by Dr. Hena. If you would like to contribute, please send your check to HWHL, PO Box 816, Waxahachie, TX 75168 and write "scholarships" on the memo line.



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## Second Quarter

- [Barrels of Love](#) was founded several decades ago by [Asbury United Methodist Church](#) in Allentown, PA. Its purpose is to supply Healthy Women, Healthy Liberia and other Liberian ministries with much-needed supplies. This includes medical equipment, medicines, clothing, children's books, school curriculum and more. Recently additional congregations and their members have begun to participate in this ministry through the collection of pill bottles (Waterfield has a pharmacy but no containers for prescribed medications), flip-flops to prevent the spread of soil-borne parasites and more. The June 1st shipment of Barrels of Love from Asbury included items from members of [Jordan United Church of Christ in Allentown, PA](#); [Grace Lutheran Church in Macungie, PA](#); [First Methodist Church in Eatonton, GA](#); and [St. Andrew's United Methodist Church in Milton, PA](#).



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## Third Quarter

- In 2023 the Surgical Addition was completed at Waterfield Medical Center. The Surgical Theatre, however, has not been operational due to the need for surgical equipment and furnishings. In the 3<sup>rd</sup> Quarter of 2024, members of the Church of Jesus Christ of Latter-day Saints, Paul Rollins and Nate Tollefson who are the founders and board members of [Guardians of Hope](#) reached out to Dr. Hena



*Guardians of Hope visiting the new addition at Waterfield Medical Center; left to right, Paul Rollins, Nate Tollefson and Dr. Chris Hena.*

looking for missional opportunities in West Africa. Their initial intent was to provide an X-Ray facility at Waterfield. However, when they learned of the need for equipment in the Surgical Theatre they agreed to provide funding. The support of an X-Ray building and equipment will be provided in the future. Equipment has been purchased and delivered to the Surgical Theatre and Dr. Chris is working on the necessary staffing to begin offering surgical procedures at Waterfield. We thank God for connecting Guardians of Hope and HWHL and offer our sincere thanks to Paul and Nate for making this ministry a reality.

- Every year on Liberia's July 26th Independence Day. HWHL provides a special celebration for Kakata children. This year over 750 children were fed and given gifts of clothing, shoes and books. See photos below of Waterfield staff preparing food and children who have come to the Independence Day celebration.





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## Fourth Quarter

- Healthy Women, Healthy Liberia was honored to have been named a "Top Rated Nonprofit" again for 2024 by GreatNonprofits. [Have a look at what reviewers are saying about us.](#)



- After five years, the Healthy Women, Healthy Liberia Board of Directors met in person (with some joining by Zoom)! Thank you to Eatonton First Methodist Church in Eatonton, GA, for graciously hosting us. Listen to [Dr. Chris Hena's message](#) during worship.



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- On November 16<sup>th</sup> and 23<sup>rd</sup>, a large quantity of medical supplies and furnishings donated by [Through These Hands](#) and flip-flops collected by [Trinity UMC, Hackettstown, NJ](#) were packed by volunteers from [Asbury](#) and [Trinity](#) and shipped to Liberia for the Waterfield Medical Center.



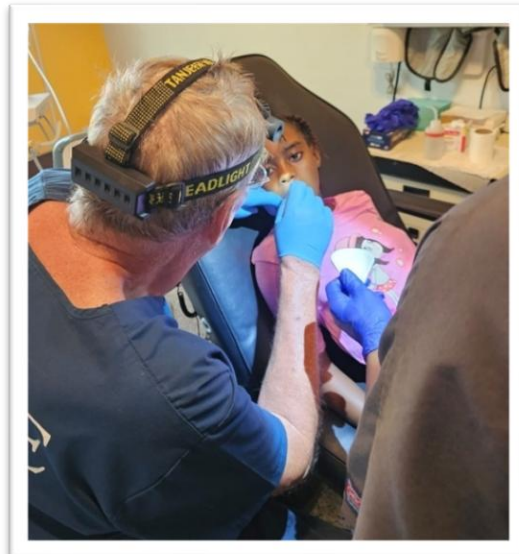
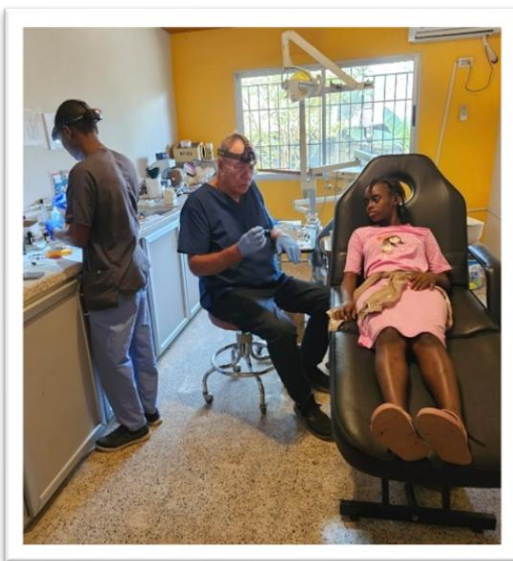
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- For the first time, we held back-to-back events for Christmas and New Year's to feed the children in the Waterfield Medical Center neighborhood and Dr. Chris Hena's home neighborhood. At the Christmas outreach, 700 children were fed and given gifts of books, clothing and shoes and at the New Year's outreach 1,020 children were served!



- From October through December, Dr. Edmund (Teddy) Barnett was at the Waterfield Dental Center serving patients and training HWHL staff. We're so thankful for his service at the clinic and out in the villages.





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## ***2024 Statistics***

### Community Health Workers (CHWs) Statistics

- Villages & Towns visited: 117
- Number of people seen for health education: 73,513
- Clients receiving Vitamin A 100,000 IU: 755
- Clients receiving Vitamin A 200,000 IU: 2,755
- Pregnant women served prenatal vitamins: 2,852
- Albendazole worm tablet distribution: 63,204
- Distributed:
  - Wheelchairs: 11
  - Diapers: 3,596
  - Clothes: 396
  - Books: 378
  - Flipflops: 30
  - Disposable under pads 266

### Clinic Statistics

- Waterfield Medical Center patients: 3,119
- Vision Center patients: 557
- Dental Outreach: 179
- Vaccinations: 6,547
- Babies born in new Maternity Center: 30
- Maternity 589
- Prenatal 474
- Conditions most frequently treated:
  - Typhoid
  - Urinary Tract Infections
  - Anemia
  - Hypertension
  - Diabetes
  - Malaria
  - Upper Respiratory Infections
  - Peptic Ulcer Disease
  - Sexually Transmitted Infections

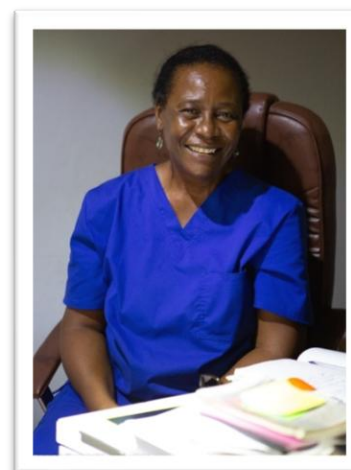
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## ***The Medical Director's Report, Dr. Christina Hena***

Dear Family and Friends,

Special greetings and Happy New Year from Waterfield Medical Center. Last year, we studied the book of Nehemiah and a verse in Chapter 9 verse 21 reminded me of our situation. Here is the verse: "For forty years you sustained them in the wilderness, and they lacked nothing. Their clothes did not wear out and their feet did not swell." He has sustained us all through the years and showed us His favor at every point in our journey.



Waterfield Medical Center is providing 24hrs service now. We run two shifts and are reaching out to so many from different parts of Liberia and our surroundings. It has been a wonderful experience to watch our staff in action as they serve our people. Our clients are very happy and thankful that we are now providing 24 hour service.

We hosted a visiting retired Air Force dentist from the US at Waterfield. He spent 3 months providing free dental care to patients from far and near. Dr. Teddy served as many as he could daily and enjoyed working and training two of our young staff. One of those he trained will be going to a dental program here in Liberia in September. The program will be for two years. After completion of his studies, he will return to Waterfield to serve. We are absolutely thankful to Dr. Teddy for serving alongside us.

Also, our eye department will be serving our people for 6 days per week. Our student that went for his training returned from Monrovia and India last week. We are very thankful for what He is doing, raising up our own people young men and women to serve at Waterfield.

Kerbeh, one of our own, will be graduating in June from the Junior College here in Kakata. She will have her AA degree in general nursing. Mary, another student, will also be completing her studies next June as a nurse. Gradually, the Lord is preparing His own to sustain what He has started here.

As we reported in our last Newsletter, our friends from the the Church of Jesus Christ of Latter-day Saints provided us with all of the equipment for two surgical theatres. We have not been able to find a suitable surgeon yet that will live here in Kakata. Please join us as we wait upon the Lord in prayers to open doors for His honor and glory in this matter. It is a huge responsibility that we do not take lightly.

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Our maternity department is coming along. We are thankful for all the babies that are born at Waterfield.

Last week, we had a workshop on vitamins and worm tablets distribution in various communities at Waterfield with 27 total attending for two days. The trainers came from Kenya and Senegal, and it was wonderful. The trainers went with us to the villages after the workshop. They were very impressed with our Community Health Workers.

The above verse keeps coming to mind as I write this message. In December a little girl, six years old was rushed to Waterfield. She was burned severely and was turned down at another facility in Kakata. We accepted her and started treatment immediately. Daily, I watched her little body healing. The amazing thing for me was having all the supplies we needed to care for her. She is undergoing physical therapy now and is doing very well. The Lord provided everything that she needed, just as He did for His children in the wilderness for forty years. She brings joy to every staff member at the clinic and has stolen our hearts. What a blessing!

How am I doing? I am doing very well and thankful daily for His goodness that is running after me. I was blessed to be back in the US last year and was able to meet many of my old friends. We had a wonderful time visiting and spending some quality time together. I am thankful to Him for good health and His peace.

A highlight of the year was feeding a total of 1720 kids around Christmas and New Year. Several years ago, this program was started, and it gets better and bigger every year. Thanks to all our sponsors. We highly appreciate your help in allowing us to serve these little kids. We are going to serve them again in July for the Liberian Independence Day celebration.

On behalf of Waterfield Medical Center, I would like to extend our special thanks and appreciation to all of you for your generous support for all that you do for the Liberian people including your generous gifts to feed the kids, support the staff, purchase the medical supplies, provide for college fees, purchase worm tablets, vitamins, etc. None of what we do here would have been done without you. With a grateful heart and thanksgiving unto the Lord, I say thanks again for everything.

In Him,  
Dr. Chris Hena  
HWHL Medical Director



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## *Financial Report*

Income for HWHL operations comes from three sources: churches (38%), individuals (34%) and income generated by Waterfield Medical Center (28%). Our total income for 2024 was \$176,900. Our goal is still to have Waterfield Medical Clinic move toward self-sufficiency with nominal fees charged for services for those who are able to pay. Income generated by Waterfield Medical Center in 2024 was US\$48,899 (up 71% from 2023). The HWHL Financial Statement for 2024 is available upon request.



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## ***Ministry Partners***

We gratefully acknowledge our HWHL Ministry Partners who have supported our ministry in 2023.

**[Hands of Hope Foundation](#)** under the leadership of Rev. Dr. Troy D. Benitone, has led many surgical teams to Liberia to work with HWHL and will be instrumental in providing medical equipment for the new Maternity/Surgical Addition.

**[Mobility Worldwide](#)** began supplying three-wheel hand-cranked mobility carts to HWHL in 2023 that allow people in developing nations with mobility issues to go where ordinary wheelchairs won't go.

**[Through These Hands](#)** (TTH) is a nonprofit organization that acquires and distributes medical and non-medical supplies to developing countries through other nonprofit organizations. TTH provided equipment and supplies shipped in March, July and November of 2023

**[Vitamin Angels](#)** prenatal and children's vitamins were distributed to 37 communities.

***The Waterfield Family*** provided major funding for our 2006 clinic and now has funded our new Maternity/Surgical Addition which was constructed in 2022 and opened in 2023.

**[The Worm Project](#)** is a global initiative that strives to relieve the suffering of millions of children. HWHL's Community Health Workers distributed worm tablets in 37 communities.

We appreciate all our *Partner Churches* and give special recognition to these congregations with donations of \$2,000 or more in 2023.

- **[Christ Methodist Church](#)**, Memphis, TN
- **[Lebanon United Methodist Church](#)**, Lebanon, NH
- **[First United Methodist Church](#)**, Richardson, TX
- **[Asbury United Methodist Church](#)**, Allentown, PA
- **[St. Andrew's United Methodist Church](#)**, Milton, PA
- **[Clemson United Methodist Church](#)**, Clemson, SC
- **[First United Methodist Church](#)**, Stillwater, OK
- **[Eatonton First Methodist Church](#)**, Eatonton, GA

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## Board of Directors

At the end of 2024, our dedicated President, Stan Harding rotated off the Board of Directors at the completion of his term. With grateful thanks to Stan for his service to HWHL and the Board of Directors.

2024	2025
Stan Harding, President	Linda Baker, President
Trinida Kollie-Jones, Vice President	Trinida Kollie-Jones, Vice President
<i>Open Position</i> , Treasurer	Bob Parker, Treasurer
Dick McCreight, Secretary	Dick McCreight, Secretary
Dr. Judith McDonald, Medical Liaison	Dr. Judith McDonald, Medical Liaison
Petherree Nissley, Social Media	Petherree Nissley, Social Media
Rev. Dr. Richard Stryker, The Worm Project	Rev. Dr. Richard Stryker, The Worm Project
Linda Baker	Kerry Davidson
Munah Tarpeh	Munah Tarpeh
Carmel Turek	Carmel Turek
<i>Open Position</i>	<i>Open Position</i>
Robert Parker	<i>Open Position</i>



Community Health Worker dispensing worm tablets



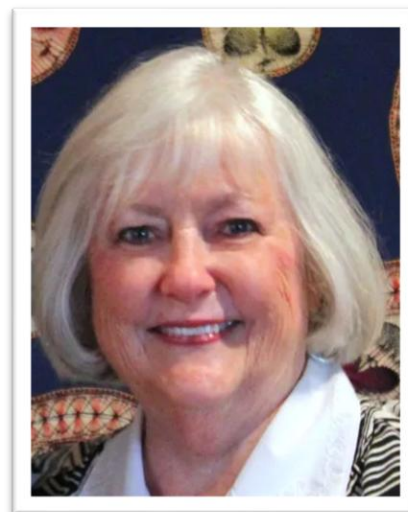
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## ***President's Forecast for 2025***

This New Year, 2025, has brought us many surprises. Snowfall in Florida and the Panhandle of Florida in some areas totaled 9"! WOW! I had a friend that before the snow starting covering the South said to me, "If it snows in Florida, Jesus is coming"! Well, that is a fact, Jesus IS coming. And what does this mean to us? We need to be working for the Lord while we wait for His coming, getting our hands and feet in the action.

Our work with Healthy Women Healthy Liberia has been greatly enriched by the 6 year leadership of Stan Harding. I, Linda Baker, am honored to be standing on the shoulders of great men such as Stan and Dick McCreight our Secretary who has worn many hats over the years. We have Trinida Kollie-Jones, who continues in the role of Vice President. We also have a new Treasurer, Bob Parker who brings many years of working in his home church in a financial role to the Board of HWHL. Please check the HWHL website to see our other great, dedicated Board Members. Dr. Judy Burkholder, Petheree Nissley, Rev. Dr. Richard Stryker, Munah Tarpeh, and Carmel Turek continue in their roles as members of the Board of Directors. We also welcome Kerry Davidson, who is joining the Board this year.



Together we promise Dr. Chris Hena and the Women of Liberia our faithful service as we head into this New Year. Some things may change, but only through the guidance of our Lord Jesus Christ, and only to enhance the ministry of Healthy Women Healthy Liberia.

Join with us as we look forward to the continuation of the work the Lord has laid on our hearts in Liberia. Not only do we covet your financial support and prayers, but also your input! Is Jesus coming back – that's a definite! Let's meet Him with dirty hands & dirty feet.

Linda Baker  
President of the Board of Directors  
Healthy Women, Healthy Liberia