



2020 Annual Report



Overview

We're excited to be in our 10th year since the founding of The Foundation for Restoring Women's Healthcare to Liberia, Inc. as a 501(c)(3) on August 11, 2011. We do business as Healthy Women, Healthy Liberia (HWHL) so that name may be more familiar to you. We praise God for all that has transpired in these 10 years thanks to the leadership of our Medical Director Dr. Christina Hena MD and the founding members of our Board of Directors including cofounder Dr. Marcella Ruch PhD who remains on our current Board roster. Our Waterfield Primary Healthcare Center (WPHCC) in Kakata, Margibi County Liberia was dedicated on August 12, 2016 and now in addition to examination rooms, our facility contains a lab, a pharmacy, an ultrasound, a full dental suite, an eye care center, an electrocardiogram machine and a canteen. We're also grateful for the work our team of 12 Community Health Workers (CHWs) who reach 36 communities surrounding Kakata with health and hygiene education, vitamin and worm medication distribution, blood pressure checks and more. Throughout these years of growth our vision remains constant: To transform communities using community-based health care models for medical and dental care through education and services primarily focused on women and children.



2020 Highlights

January

- At the January Children's Outreach 700 children attended and were fed.

February

- The installation of the Dental Suite donated by Project C.U.R.E was completed by two volunteers enlisted by Project C.U.R.E.. In the country of Liberia there are only 23 dentists serving a population of 4 million people. Prior to this installation, there were no dentists in Margibi County where HWHL is located.



- On February 8th, Dr. Hena attended an event hosted by former Liberian President Madam Sirleaf to promote the President's Center for Women & Development.

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March

- The annual Hands of Hope (HoH)/HWHL surgical outreach was cancelled due to the illness of one of the HoH surgeons and the outbreak of COVID-19.
- Dr. Hena and the staff were well prepared with personal protective equipment (PPE) to help protect them during the pandemic. They had PPE masks, gowns, boots, soap, sanitary solutions with barrels for the communities, Clorox and body bags. Some of these items were left over from the Ebola days and some had come from Through These Hands in the US.



April

- WPHCC was closed by the Liberian government due to a COVID lockdown.
- Our Community Health Workers were no longer able to work in the communities they serve so they began making masks to help protect Liberians.

May

- Engineering and design began for a new Maternity and Surgical Suite addition at WPHCC.

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June

- On June 17th, volunteers from Asbury UMC in Allentown, PA gathered to ship 300 boxes of medical supplies, as well as carts, exam tables, Geri chairs, wheelchairs and more. Items were donated by Through These Hands.
- Fire extinguishers were purchased and placed throughout WPHCC to protect our staff, patients and building.



July

- The WPHCC was allowed to reopen with all patients screened and masked before being allowed in the clinic.
- An additional 800 masks were received from a sewing school in Monrovia to protect visitors to WPHCC.
- Air conditioning was installed in the new Dental Clinic.

August

- Our Community Health Workers serve residents in 36 communities surrounding HWHL's home base in Kakata Liberia. They had been sequestered at the clinic due to COVID-19. We were thrilled that they were finally back serving their communities complete with appropriate PPE.



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September

- Wheelchairs from the June shipment from Through These Hands in the US were received and distributed by CHWs. This remarkable man was the recipient of one of the wheelchairs. He does not have use of his legs and propels himself using flip-flops on his hands. Here he was receiving his wheelchair. That smile says it all.



October

- The Annual Board of Directors meeting was held on October 17th via Zoom since we were unable to meet in person.
- Due to COVID, patient volume had decreased. Saturday hours 8-12 were added. Radio advertising provided the message that the clinic was open and it was safe to return.
- Thanks to LDS (The Church of Jesus Christ of Latter-day Saints), new ultrasound equipment was funded and delivered to WPHCC.
- On October 24th 16 barrels of clothing, 87 boxes of medical supplies, 14 wheelchairs and an examination table were shipped from Asbury UMC in Allentown, PA. The medical supplies and equipment were donated by Through These Hands.

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November

- Donations to HWHL had been impacted by the pandemic. A fundraiser was launched for November to contact previous donors asking for funding assistance. During mid-October to early December \$25,000+ was donated!
- Our eye clinic opened with Dr. Joseph Kerkula seeing patients.

December

- Over 1,000 children were fed and clothing was distributed at the HWHL Christmas Outreach.



Community Health Workers (CHWs) Statistics

- Participants receiving health education: 10,658
- Blood pressure taken: 7,334
- Patients receiving Vitamin A: 2,140
- Pregnant women served: 546
- Received walkers, canes, crutches, wheelchairs: 59

Patient Statistics

- 2,802 cases were treated in 2020 (impacted by pandemic)
- Conditions most frequently treated
 - Typhoid
 - Malaria
 - STIs
 - Upper Respiratory Illness
 - Hypertension



The Medical Director's Report, Dr. Christina Hena

As 2020 comes to an end, I am reminded of the “Make Shift” Clinic on Bong Mine’s Road in Kakata when we first began this ministry, the countless blessings that we have received in 2020, and of course throughout my life. Sharing some of our experiences of this past year through this annual report is my great honor. Thanks to all of you for being a part of these experiences. “The mind of man plans his ways, but the Lord directs his steps.” Proverbs 16:9

From the beginning with the Make Shift clinic, where patients sat on handmade benches, some lying on the ground with their folded lappas, others sitting on concrete blocks, babies with running stomach, many with very high fevers and chills from Malaria, typhoid, fungus all over their bodies, scabies, high numbers of teen pregnancies, yet others with severe ear infections, multiple eye infections, diabetes, hypertension, tropical ulcers, anemia, stomach full of worms and dire poverty to a State-of-the-Art Healthcare Center named Waterfield Primary Healthcare Center is a great success story and a testimony to His faithfulness.

Due to our direct health education and promotion interventions, and quality treatments in the 36 communities around Kakata, I can safely say that we have seen reduction in most of the above-mentioned conditions. However, there are still challenges that we need to address as we continue to serve. What are some of those challenges? Teen pregnancies remains a huge challenge for us. As a matter of fact, some of our mothers are not even teens yet. Not having a place for safe delivery of these cases, is another challenge for us. Through our health education and promotion inventions we are making some gains, but lifestyle changes and choices will take a long time to change in Liberia and its culture.

The socio-political climate in Liberia is more unstable as compared to when we begin this journey. For example, in 2020 gas shortages created waiting lines for blocks. One day we waited in line for nearly 6 hours to fill our gas tank. The monetary system is collapsing. Banks refuse to give us our money on time. If we need to purchase supplies for the clinic, we have a wait for a period of time before the bank will give us our money. Even getting wages out of the bank for staff salaries becomes a problem. Groceries are expensive. The unemployment rate is said to be in the 80% range. These are all challenges that we have to face daily.

COVID is not a challenge yet for us, but we are affected due to globalization. Unlike Ebola where many died, lessons learned from that situation made us better prepared for COVID.

All of what I have written would have never been possible, were it not for you and your endless love and care for the people and work that we do here. So, on behalf of Waterfield staff and our 36 communities. I would like to say a big thanks to all of you for your many blessings and generous gifts. You have served with us in the field through your prayers and commitment. We are indeed very grateful and may the Lord continue to bless all of us as we journey with Him in this great work He has called us to. To Him be all the glory and honor.

In Him, Chris



The President's Report, Nyamah Dunbar

We Praise God for His continual guidance and protection throughout the COVID-19 pandemic; with the full awareness that the majority of our partnership base remains burdened by the virus. This is why your prayers and ongoing support for Healthy Women, Healthy Liberia is a staunch testimony to your Love for Jesus Christ being shared to the people of Liberia. The result of the pandemic has been more economically inclined in Liberia; nevertheless, we have continued to adhere to health measures to ensure safety for clients and staff of the health facility.

This year, your prayers and support have sustained us and propelled us to continue to expand the vision of HWHL. A few highlights of those achievements include:

- The installation & operation of the new dental unit
- The shipment and distribution of critical medical supplies for the facility, personal protective wear for staff, and wheelchairs distributed to the disabled within the community
- The Christmas outreach which entertained the community and provided meals for over 1000 persons.

During my tenure as President, I relied on the power of prayer to guide and sustain us in the best manner through which Christ wants to use us for His ministry. As I retire from this position and transition off the Board, Stan Harding will assume the helm of leadership as President. I anticipate that he will walk similarly in faith and ask for your continual prayers for him, our Board of Directors, and our staff, as they navigate these times to carry out the health ministry of JESUS CHRIST. For you, as a partner of HWHL, I pray that you remain healthy and blessed to be a blessing.

Sustained Faith & Blessings for the New Year!

Nyamah Dunbar
HWHL President
2016-2020



Financial Report

Income for HWHL comes primarily from three sources: churches (31%), individuals (40%) and income generated by WPHCC (28%). Income in 2020 was negatively impacted by the pandemic which resulted in reduced donations and reduced income from WPHCC due to the lockdown and resulting drop in number of patients seen. That said, we were pleased to see WPHCC continue to move toward self-sufficiency with nominal fees charged for services for those who are able to pay. Total income for 2020 was US\$104,536 with expenses at US\$143,377 representing a net loss of US\$38,841. The HWHL Financial Statement for 2020 is available upon request.



Ministry Partners

We gratefully acknowledge our HWHL Ministry Partners who have supported our ministry in 2020.

Through These Hands (TTH) is a nonprofit organization that acquires and distributes medical and non-medical supplies to developing countries through other nonprofit organizations. TTH provided equipment and supplies shipped in June and October of 2020. [Read more](#)

The Worm Project is a global initiative that strives to relieve the suffering of millions of children. [Read more](#)

Project C.U.R.E. is the largest provider of donated medical supplies and equipment to developing countries around the world. Project C.U.R.E. donated the complete dental suite which was installed at WPHCC in February 2020. [Read more](#)

In 2020, ***Vitamin Angels***, distributed vitamins for 35 communities HWHL serves [Read more](#)

We appreciate all our *Partner Churches* with special recognition to these congregations with donations exceeding \$2,000 in 2020.

- [***Christ United Methodist Church***](#), Memphis, TN
- [***Asbury United Methodist Church***](#), Allentown, PA
- [***First United Methodist Church***](#), Richmond, TX
- [***First United Methodist Church***](#), Stillwater, OK
- [***Lebanon United Methodist Church***](#), Lebanon, NH
- [***Clemson United Methodist Church***](#), Clemson, SC

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Board of Directors

During 2020, Dr. Judith McDonald joined the Board as our Medical Liaison. Theo Kollie, who was active on the Board since the early days, retired and was replaced by Petherree Nissley. Our President, Nyamah Dunbar, who has led us since late 2016 rotated off the Board when her term expired at the end of 2020.

2020	2021
Nyamah Dunbar, President	Stan Harding, President
Stan Harding, Vice President	Munah Tarpeh, Vice President
Walter Shugart, Treasurer	Walter Shugart, Treasurer
Dick McCreight, Secretary	Dick McCreight, Secretary
Dr. Judith McDonald, Medical Liaison (replacing Dr. Jack Lenhart)	Dr. Judith McDonald, Medical Liaison
Petherree Nissley, Social Media (replacing Theophilus Kollie)	Petherree Nissley
Rev. Jerome Kennedy, the Worm Project	Rev. Jerome Kennedy, The Worm Project
Rev. Melinda McKonly	Rev. Melinda McKonly
Suzie Lyons	Suzie Lyons
Joy Anderson	Joy Anderson
Marcella Ruch, PhD	Marcella Ruch, PhD
Marwu Zaza	Marwu Zaza



Forecast for 2021, Stan Harding Incoming President of the Board

We're looking forward to seeing where God leads us in this our 10th year since the founding of Healthy Women, Healthy Liberia. We continue to work toward transforming communities using community-based healthcare models by focusing on the health and wellbeing of women and their families. In 2021, we face a few challenges, but endless opportunities to be the hands and feet of Christ in Margibi County Liberia. God is always faithful, and we are confident we will reach more of our Liberian sisters and brothers this year while sharing Christ's love through life-changing healthcare.

The pandemic of 2020 impacted donations to HWHL from the US and patient volume at Waterfield. We have an ongoing fundraising effort, started in November, to reach out to our loyal mission partners in the US. We're also establishing a plan to increase our patient volume—both those who are able to pay and those unable to pay for medical services. Staffing of our Eye Clinic and Dental Suite continues to be a challenge with limited medical personnel in Liberia. We are working diligently in seeking a solution to these staffing needs.

By far, our most exciting opportunity includes plans for the addition of Maternity and Surgical facilities which will nearly double the size of the Waterfield Clinic. Engineering plans have been completed and cost estimates received. The maternity ward will give our staff the opportunity to help prevent the death of mothers and infants. Deaths during delivery are heartbreaking and far too common in Liberia. A Surgical Center will give us the opportunity to host visiting surgical teams throughout the year, making a greater impact on the health and wellbeing of the surrounding communities. Later this year a capital campaign will be launched and we are praying for partner-benefactors to make this dream a reality.

To our mission partners, we sincerely thank you for your ongoing support of Healthy Women, Healthy Liberia. We are honored to team with you in answering Christ's call to love our neighbors everywhere.

Stan Harding
President of the Board of Directors
Healthy Women, Healthy Liberia