The Foundation for Restoring Women's Healthcare to Liberia, Inc. (Healthy Women, Healthy Liberia)

Healthy Women, Healthy Liberia Annual Report – 2019

Overview:

The Foundation for Restoring Women's Healthcare to Liberia is registered in Delaware and also in Liberia. Patient services are performed in the Madina Community, Kakata, Margibi County, Liberia at the Waterfield Primary Health Care Center.

Healthy Women, Healthy Liberia's (HWHL) new address is: P.O. Box 816, Waxahachie, TX 75168.

The HWHL Board of Directors met Quarterly, with their Annual meeting at the First United



Methodist Church of Richardson, TX on Oct 25 and 26, 2019. Additional meetings were held throughout the year to address immediate business, ie, Dental Clinic organizational efforts, as well as Executive Committee meetings and ad hoc meetings.

Proposed dates for the 2020 Board of Director's meeting schedule are as follows: January 13, April 13, July 13, and Oct 12. The Annual Retreat Board Meeting will be held in Kakata in January 2021

(date to be determined).

MAJOR ACTITIVIES in 2019 at WPHCC: (See Dr. Hena's Report below.)

February 2019: Waterfield Primary Health Care Center (WPHCC) worked with the County Health Team in February.

March 2019: WPHCC hosted and joined forces with Hands of Hope Foundation from Illinois and Pro Health International from Nigeria to conduct a one-week medical-surgical outreach that served over 600 people from the Kakata and Weala areas. Prescreening and post-operative care was done at the Center. A team of 33 volunteers included a medical doctor, surgeon, nurses, physician's assistants, physical



therapists, lab technicians and more. With their immense help and resources, the Center was able to provide free treatment, lab work and drugs to nearly 500 patients; perform over 60 general surgeries for hernias, hydroceles, and address other issues, and perform over 80 eye surgeries, including cataract removal.

July 2019: Barrels of Love shipped to WPHCC from Asbury United Methodist Church Allentown, PA: On July 13th, Asbury UMC sent 22 Barrels of Love, 100+ boxes of medical supplies from *Through These Hands*, 21 boxes of textbooks from Luis A. Ramos Elementary School, supplies for Community Healthcare Workers, automotive parts for the HWHL van, supplies for Dr. Chris, homemade girl' dresses, flip-flops from St. Andrews UMC and more. In addition to Asbury UMC, St Andrews UMC



(Milton, PA) and First UMC (Eatonton, GA) provided supplies for this shipment.



August 2019: Dr. Megan Fields – visiting dentist to the WPHCC Center. Dr. Megan donated dental services at WPHCC for several days while she was in Kakata when her family was meeting with community leaders in the area. Dr. Hena had a portable dental chair set up in the future space of the new dental clinic.

November 2019: Barrels of Love shipped 10 barrels and 83 boxes of medical supplies from *Through These Hands* to WPHCC from Asbury United Methodist Church, Allentown, PA. In addition to Asbury UMC, 1st UMC (Eatonton, GA) also contributed to the items shipped.

DR HENA'S ANNUAL REPORT for 2019:

Overview:

Dr. Chris Hena, Medical Director of the Waterfield Primary Health Care Center (WPHCC) provides monthly financial reports to the Broad that report patient census, diagnostic statistics and treatments, as well as pharmacy and vaccination reports, worm pill and vitamin distributions, and monthly reports from each Community Health Care Worker team. This year, Firestone Medical Services in Harbel, Liberia donated everything eye doctors would need for an eye department at WPHCC, including a visual field machine. Monika Sannoh, CTO, performs eye care and eye examinations and is available for emergencies. Firestone rubber company drivers had been involved in accidents simply because they could not see.

• State of the Center

- o Contracts/Agreements for medical care
 - Omega Insurance clients
 - Senator Cooper's Margibi County rubber farm employees
 - Mr. Bright (Bright Farm) employees
 - Mensco Rubber Farm employees
- Nursing schools are rotating 6 nursing students at a time through WPHCC on a 6-week rotation. This is a 1½ year program to become a nurse's aide.
- Departments
 - Ultrasound Dr. Hena provides interpretation
 - Electrocardiogram Dr. Hena provides interpretation
 - Eye Care—Firestone Hospital donated equipment. Monika Sannoh provides eye assessments for patients twice a week
 - Pharmacy
 - o Free drugs from Hands of Hope
 - Purchased drugs from BK Pharmacy
 - Four Screening Rooms with Physician's Assistant (PA), nurse and midwife
 - Dental Department—August 2019 dental outreach with Dr. Megan Fields
 - Records Room—overseen by Phillip. Noelle, a volunteer with computer skills was there for 3 months to help set up the Records Room.
 - Canteen—needs good staff with more varied menu.
 - Finance Department—provide reports every month. Working with HWHL Treasurer for consistency in reporting.
 - Vaccinations—on hold awaiting County Healthy Team's direction. Not clear which areas assigned to WPHCC
 - Clinic Staff include a Physician's Assistant and midwife. Most births are in communities with staff trained by a midwife. People don't always trust hospitals.
 - Community Health Workers (10)
 - o 36 to 37 communities within ½ hour drive
 - o Treated 1,000 cases of anemia
 - o Prenatal vitamins for 8,265
 - O Deworming for 22.621
 - o Vitamin A to 3.302
 - Health instruction to 32,225
 - Make scheduled visits and make referrals to WPHCC
 - 4 students trained at Ganta UMC Hospital in Ganta, Liberia
 - Laboratory services offered at the Center
 - 2 Janitors
 - 3 Security Personnel
- o Number of Cases and income from clinic



- 2017: 1,177 cases, \$187,000 LD (Liberian money)
- 2018: 3,271 cases, \$2,000,000 LD
- 2019 Jan-Sep: 4,705 cases, \$4,000,000 LD

> Salaries

- Competitive pay—for example a nursing assistant makes \$200LD per month with minimum wage \$100LD.
- 6% goes to Liberian Social Security
- Social Security is Liberian retirement plan
- Workers being paid from Liberian Account (clinic income)

Outreach

- Mar 2019: Hands of Hope March Outreach (since 2003) with Nigerian team (see more information about the Outreach above)
- Surgeries at Weala (we will not partner with the Liberia Annual Conference but will continue to use the facility)
- Screening and post-operative care at WPHCC

o 5-Year Plan

- Maternity and Surgical buildings
 - o Preliminary architectural plans completed
 - o Space within the fence for building
 - o Building cost, staffing cost to be determined

Dental Suite

- o Equipment from Project C.U.R.E.
- o Identified a Dental Nurse Practitioner trained at Ganta
- Need a second person
- Will mostly do extractions and fillings
- Ultrasound Need someone to run; meanwhile Dr. Hena does procedure

Telemedicine Department: A partnership with the University of Virginia in Charlottesville,

VA, has been established to provide consultation opportunities with US doctors when a patient is diagnosed or requires a more specialized procedure.

Dental Clinic Report:

Dental Suite

- Equipment from Project C.U.R.E. arrived in Monrovia in Oct 2019 and arrangements were made to pick up the equipment and transport it to Kakata.
- o Two installers from Project C.U.R.E. will come to Kakata in the first quarter of 2020 to install equipment and provide training.
 - HWHL Board will pay for airfare.
 - HWHL Board agreed to look at paying for vaccinations.
- Dental Nurse Practitioner trained at Ganta Hospital has been identified to work at WPHCC's dental suite
- Visiting dental teams from the US and other countries will be providing dental outreaches at WPHCC.

WORM CONFERENCE Report 2019 (Pastor Jerome Kennedy):

Pastor Jerome Kennedy, HWHL Board of Director, reported that on September 15, 2019, there was a gathering of donors at the Worm Project in Franconia, PA to help save the lives of children suffering from worm infestation in their young bodies. He and Dick McCreight, HWHL Board Secretary attended.

One deworming tablet costs two cents and provides treatment for a child or adult affected by parasitic worms for six months to a year. With more than **800 million children facing the risk** of being infected with worms, we must continue to tackle this affliction.



Collection times are in September, January and May. Distribution of worm tablets commenced in May and continued through June 2019.

Worm project representatives at the annual conference recommended that church congregations place **5-gallon water bottles** at strategic places in their churches with signs for donations/or ask for a special offering during a church service. It was also recommended that churches identify representatives for the Worm Project.

HWHL BOARD of DIRECTORS:

Board Changes:

- **Jan 2019**: Four new Board Directors were approved: Stan Harding, Dr. Jack Lenhart, Walter Shugart (Treasurer) and Lynda Stear (Website Editor)
- Apr 2019: Dick McCreight, VP, was elected Secretary; Stan Harding was elected VP.
- Oct 2019: Dr. Jack Lenhart resigned due to personal reasons.

Summary of Major Administrative Changes and Activities of the Board of Director's:

• Jan 2019:

- Through These Hands shipped over 100 boxes of medical supplies plus wheelchairs, walkers, shower chairs, commode chairs and more to WPHCC in Nov 2018 and arrived in January.
- o Solar Generator System repaired by Doug Nelson from Washington State, USA.
- o Marcella Ruch, Board Director traveled to Kakata in January and took 60 pounds of medical supplies.

- The Board approved Pastor Jerome Kennedy to start fundraising for the Worm Project; donation checks are to be made payable to "the Worm Project."
- **Feb 2019: New HWHL Website** old format discontinued and new format created; L. Stear worked with Webmaster, L. Surgeon for quarterly updates.

• April 2019:

- HWHL Board Bylaws: Board updated and approved changes and additions to the Bylaws.
- Code of Conduct (Guide for Corporate Conduct) was written by Board Directors,
 S. Harding and T. Kollie and approved by the Board.
- o **HWHL Board of Directors' Terms of Service**: Dick McCreight revised Terms of Board Service, which was approved by the Board and updated in the Bylaws.
- Spring 2019 Board of Director-Driver Spring Fundraiser (April & May):
 Board members brought in over \$11,000 (primary focus was contacting individual donors)

• July 2019:

- Six pallets of dental equipment shipped from Colorado to Philadelphia in July.
 Project C.U.R.E. obtained quotes for the land shipment.
- On July 18th, several Board members participated in GlobalGiving's July Bonus Day. Donations of over \$100 were matched up to \$130,000 (over \$5500 was donated to HWHL from the Board).

• October 2019:

- Change in emphasis of external sources of giving: Due to fees charged to the donor for giving using GlobalGiving and Pay Pal, those options were deleted from the HWHL Website. The sites will still be monitored for donors who wish to donate through GlobalGiving and PayPal. The Advance offers online or check options with 100% of funds raised coming to HWHL (no fees).
- Designated Funds Policy was drafted by Walter Shugart, Treasurer, which is to be finalized and approved by the Board.
- Three-year Donation Commitments initiated: Dick McCreight, HWHL Secretary, developed a 3-Year individual and church/organization commitment forms with corresponding cover letters to be emailed or sent to interested donors. This new initiative is to begin following the October Annual Board Meeting and its purpose is to assure a steady source of income to HWHL.
- New Partnership Endeavor approved at the Annual Business Meeting (October 2019): The entire United States, including Alaska, was divided into 6 Regions, one of which is the state of Texas (approximately 120 churches/organizations).
 Board members were assigned a region(s) to contact and follow up with

- individual churches and/or organization such as well as United Methodist Women groups.
- New Slide Presentation: Dick McCreight created a new slide presentation accompanied by music from the WPHCC Staff that highlights HWHL's endeavors in 2019 and can be used for Partnership contacts.

FINANCIAL REPORT:

HWHL's aim is to cultivate global partnerships, ie, churches, individuals and corporations, to support the Vision and Mission of Healthy Women, Healthy Liberia. In 2012, clinic services were free, and in 2017, the Center moved from free services to charged services. Patients are charged a nominal fee for everything including lab fees, medications and medical/surgical assessments and procedures.

*The HWHL Financial Statement for 2019 is available upon request.

Forecast for 2020:

The Dental Clinic will be fully operational by the first quarter of 2020 (see details above in Dr. Hen's report).

The HWHL Board has cast a vision of strengthening and expanding Partnerships for the Waterfield Primary Healthcare Center (WPHCC). The demographics of people served in this region of Liberia live in poverty, so the majority of the services provided to clients are offered at prorated costs. HWHL strives toward sustainability, which shall be the core driver of its vision in ensuring that WPHCC continues to serve patients in the future.

Highlights of 2020 goals, which WPHCC is praying for and working toward:

- Boost patient census for both specialized paying customers and those with limited capacity to pay
- Hire more Community Health Care Workers in 2020
- Build a delivery and surgical ward (cost and completion to be determined)
- Step up fundraising efforts with 3-year donation commitments from individual and churches/organizations
- Continue cultivation of strategic Partnership alliances
- Continue medical training and personal and spiritual development for WPHCC staff
- Encourage advocacy with local Liberia government to secure subsidy

Respectfully submitted,

Nyamah Dunbar, HWHL Board President, Liberia Submitted, 31 Dec, 2019

2019 HWHL Board Directors:

- Nyamah E. Dunbar, President
- Stan Harding, Vice President, Partnership Committee
- Dick McCreight, Secretary, Partnership Committee
- Walter Shugart, Treasurer
- Marcella Ruch, Speaker for Partnership endeavors
- Suzie Lyons, Partnership Committee; Annual Meeting Planner
- Theo Kollie, PhD Online Giving Chair
- Marwu Zaza, Reporter at large for HWHL Website
- Dr. Jack Lenhart (resigned October 2019)
- The Rev. Jerome Kennedy, Worm Committee Chair
- The Rev. Joy Anderson, Annual Meeting Planner
- Lynda Stear, Website Editor, Partnership Committee